

Marriage Monday Worksheet

Take an honest look at how you are currently spending your time and money and list those things below.

The top 3 things consuming my time and money are...

Husband:

Wife:

Time

Time

1. _____

1. _____

2. _____

2. _____

3. _____

3. _____

Money

Money

1. _____

1. _____

2. _____

2. _____

3. _____

3. _____

Discuss how your current use of time and money is affecting your marriage. What is ONE thing that needs to change this week in order to show your spouse you value them enough to prioritize them?

Husband:

Wife:

I need to...

I need to...

Stop right now and **put a reminder on your phone** to prompt you each day this week to follow through on the commitment you have just written!

Then pray together about the changes that need to be made.